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## ENDOSCOPIC FOREHEAD LIFT Brow Lift

### Notes for Guidance

In recent years surgery has advanced in leaps and bounds and most Surgeons who specialise in this field endeavour to reduce scars, pain, swelling and patients' stay in hospital.

Recent advances in the use of the Endoscope which is applied in different parts of the body (knees, gall bladder etc). In cosmetic surgery it is possible to perform a brow lift through an Endoscope. Advantages of Endoscopic –v- Conventional Brow Lift.

1. Scarring is far less. The Endoscope is introduced through a small 1-2cm temporal incision on either side plus two further incisions on either side of the middle line. (Old conventional method is a cornol incision extending from one ear to the other ear.
2. Undervision –v- Use of camera. You can visualise the nerves in the forehead therefore reducing the risk of injury especially the temporal branch of the frontal nerves.
3. Reduce swelling and oedema following surgery
4. Reduce Pain

### Objective of an Endoscopic Brow Lift

1. To elevate a brow lying in a low position.
2. To lift or elevate the outer third of a brow.
3. To deal with cases that cannot be dealt with by Upper Blepharoplasty alone.
4. To deal with the frown lines and directly with the muscles of frowning, namely, corrugators etc

### Complications of this procedure

1. Numbness of the forehead – this can be permanent or temporary.
2. Asymmetry of the brows – this can be due to swelling or premature dissolving of the sutures. Discuss this with the surgeon who should be able to help.
3. Injury to temporal branch of frontal nerve. This can cause asymmetry of the brow and inability to move your brow, some of them will recover spontaneously after several months. However, other treatments can be considered, namely dealing with the other side to achieve symmetry. The risk of this is very low.

### Variations of this Operation

Extended forehead lift. This procedure can be extended to the temporal and cheek area to improve the sagginess around the cheek region. Please discuss this with the Surgeon .

### Feedback from patients

Patients who have had these procedures seem very pleased with the outcome. The long term result is unknown as the procedures is relatively new but improvements are being made all the time.

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This leaflet has been prepared to give a basic understanding of the procedure before a consultation takes place, and to cover many of the questions frequently asked about this type of cosmetic surgery. Final decisions should not be made until an individual assessment has taken place with the surgeon. There is no obligation on the part of the patient to undergo surgery by attending for consultation. If you have any further questions or would like to arrange a consultation please do not hesitate to call us.