

**Mr Erian's Training Programme
At
The Cambridge Private Hospital**

FELLOWSHIP TRAINING PROGRAMME

TRAINING REQUIREMENTS

Below are listed the training requirements, successful completion of which is necessary to be eligible for fellowship to.....

- (i) Log Books
- (ii) Clinical hours
- (iii) Registrar evaluation reports
- (iv) Research paper
- (v) Fellowship examination

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(i) SURGICAL LOG BOOK

MINIMUM LOG BOOK REQUIREMENTS

Major Procedure	Number of Cases	
	Minimum Accepted Number	Expected number of procedures
Breast Augmentation	30	50
Liposculpture	30	50
Facelift/Browlift	30	50
Blepharoplasty	30	50
Rhinoplasty	30	50
Abdominoplasty	15	30
Breast Reduction/Mastopexy	15	30
Body Lift: Thigh/Bracioplasty	4	(at least 1 of each)
Pectoral implants) Body implants Calf Implants)	3	(at least 1 of each)
Facial Implants (Malar/chin)	10	(at least 3 of each)
Mandibular Osteotomy	1	
Otoplasty	15	
Laser resurfacing/depigmentation/vascular	50	(at least 30 Resurfacing procedures)
Hair Transplant surgery	5	-
COSMETIC MEDICINE		
Chemical peel	10	
Botox	10	
Facial injectable implants	10	
Sclerotherapy	10	
Fat Transfer	10	

Notes on log book requirements:

- *The minimum total number of major procedures required to pass log book requirements is 350 cases*
- *For each “major procedure” the “minimum acceptable number” indicates the number of cases required to pass the fellowship log book requirements.*
- *For each major procedure the “expected” number indicates the number of cases the College expects is reasonable.*
- *“major procedure” is defined as a procedure listed on the major procedure column of the log book.*

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(ii) CLINICAL HOURS LOG

A log of clinical hours is required to be kept and carefully maintained.

A minimum number of 20 hours of clinical attendance is required per week, to be made up of operating theatre time (guide – 14 hours) and pre and post operative clinic time (guide – 6 hours).

NB An additional 10 hours per week is estimated to be required for academic time (personal study) in order to complete the training curriculum.

(iii) REGISTRAR EVALUATION REPORT

A registrar evaluation report will be filled out by each consultant at the completion of each rotation.

A minimum of 80% of these reports is required to be favourable in order to pass this component of the training programme.

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(iv) RESEARCH PAPER

Registrars are required to publish a clinical paper, review article, or discussion paper as a topic relevant to the speciality of cosmetic surgery.

NB: "publish" is taken to mean publication in the established medical/scientific literature.

(v) FELLOWSHIP EXAMINATION

Examination consists of two components:

Oral component

Written component

- Oral component consists of 5 vivas –
The emphasis being on clinical judgement
- Written component consists of 300 multiple choice questions –
The emphasis being on theoretical knowledge.

